



EBSB REPORT JUNE 2020
MAHILA SHILP KALA BHAWAN COLLEGE
B.R.A. BIHAR UNIVERSITY, MUZAFFARPUR, BIHAR

A one day webinar, titled “Food Culture and Culinary Exchange Programme: Bihar & Tripura” was organised by Mahila Shilp Kala Bhawan College, Muzaffarpur, Bihar, a constituent unit of Babasaheb Bhimrao Ambedkar Bihar University in collaboration with the pairing state institution, Ramthakur College, Agartala, Tripura, affiliated to Tripura University, on 16th June, 2020 under the Ek Bharat Shreshtha Bharat scheme. The programme started with the welcome address by the Principal, M.S.K.B. College, Muzaffarpur, Dr. Nalin Bilochan. He welcomed the participants, students & faculty members from both of the states and explained the significance of introducing EBSB scheme. He addressed with a appeal to know and understand the culture of different parts of mother India in a hope to build up one and integrated nation. After the welcome address the main session started which was scheduled with plenary lectures of speakers from both of the states. Dr. Kumari Sunita, Scientist from Krishi Vigyan Kendra, West Champaran, Bihar presented the Food Production and Consumption Pattern of Bihar. The speaker explained in detail about the crops and vegetables farmed in the fertile land of Bihar by the side of river Ganges . She also explained the reason of malnutrition in some places of the state and suggested few steps for better and healthy food habits. The topic of the next plenary lecture given by Dr. Sunita Kumari, Scientist, Krishi Vigyan Kendra, Samastipur, Bihar was Food Habits of Bihar and it’s Speciality. Dr. Sunita well explained the traditional Bihari foods and how they are cooked and why so popular. She mainly focused on the vegetarian food style with a nice touch by adding the detailed description of sweets consumed. Dr. Biplab Lagardo, Assistant Professor, Ramthakur College talked about Traditional Tripuri Cuisine. He elaborated the way of using natural food resources by the Tripuri people. The second plenary speaker from Tripura was Dr. Papri Das Sengupta, Associate Professor, Ramthakur College. Since almost 70% of the population in Tripura is Bengali speaking, she choosed to talk about the Traditional Cuisine of Tripura(Bengali) and it’s Nutritional Value. She elaborated with beautiful and mouth watering pictures of Bengali Foods. The session ended with the concluding remarks by the Principal, Ramthakur College, Dr. Biswajit Gupta. He thanked and greeted the speakers, participants and the Principal, M.S.K.B. College for the cooperation and making this event a success. He also appealed to the paired institution Principal, Dr. Nalin Bilochan for collaboration to organise more exchange programmes on different topics like. The webinar was hosted online and anchored by Ms. Mala Mukhopadhyay, Assistant Professor, M.S.K.B. College and nodal officer EBSB jointly with Dr. Kalipada Adhikari, Associate Professor and Nodal Officer EBSB, Ramthakur College. Almost sixty students and faculty members from both of the states joined the Webinar and were enriched with new knowledge, cultural values.

Mala Mukhopadhyay
Nodal Officer
Ek Bharat Shreshtha Bharat